Recipe Sizing Report

002125 - entree-buffalo chick mac/chese : nslp	Components	Attributes
HACCP Process: #2 Same Day Service	Meat/Alt: 2.25 oz	
Number of Portions: 50	Grains: 1.25 oz	
Size of Portion: 1 1/2 cup	Fruit:	
	Vegetable:	
	Milk:	

Ingredients	Measures	Instructions
014429 WATER,MUNICIPAL	11 1/2 gals + 3 1/2 cups 3 gals + 2 CUPS (elbows) 14 1/8 ozs 1 Tbsp + 1 5/8 tsp 12 lbs + 8 ozs	1. Add salt to boiling water. 2. Slowly add macaroni until water boils again. Cook uncovered until tender-firm, about 10 minutes. DO NOT OVERCOOK. Drain and rinse in cold water. 3. Melt margarine or butter in a stock pot or steam-jacketed kettle.
001032 CHEESE,PARMESAN,GRATED 901970 cheese mozzeralla 2% shredded gfs	12 1/2 ozs 3 lbs + 2 ozs	4.Add to the melted margarine. 5. Heat milk in a stock pot to a simmer. Slowly add maragine and cheeses. Cook until smooth and thickened.
900617 Cheese, cheddar, yellow sharp	3 lbs + 2 ozs 3 lbs + 2 ozs 9 3/8 ozs	6. Combine well-drained macaroni and sauce. Mix well. Place 10 lb 14 oz (1 gal 2 ¼ qt) into each steamtable pan (12" x 20" x 2 ½"). For 50 servings, use 2 pans. For 100 servings, use 4 pans. Cover with a lid or foil. Bake: Conventional oven: 350° F for 30 minutes Convection oven: 325° F for 25 minutes CCP: Heat to 140° F or higher. CCP: Hold for hot service at 135° F or higher. Cut each pan 5 x 5 (25 pieces). Serving 1 portion provides 1 oz equivalent meat/meat alternate and 1 serving of grains/breads.

*Nutrients are based upon 1 Portion Size (1.1/2 cun)

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Calories	531 kcal	Cholesterol	75 i	mg F	Protein	35.19 g	Calcium	680.40 n	ng	44.00%	Calories from Total Fat
Total Fat	25.96 g	Sodium	1153 1	mg \	Vitamin A	202.5 RE	Iron	1.86 n	ng	14.27%	Calories from Saturated Fat
Saturated Fat	8.42 g	Carbohydrates	45.28	g \	Vitamin A	1016.8 IU	Water ¹	*993.35* g]	*0.56%*	Calories from Trans Fat
Trans Fat1	*0.33* g	Dietary Fiber	3.92	g \	Vitamin C	0.6 mg	Ash ¹	*3.64* g	1	34.10%	Calories from Carbohydrates
										26.50%	Calories from Protein

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} denotes optional nutrient values

Quest Food Management

Page 1

Recipe

Jul 20, 2014

Recipe: 002125 entree-buffalo chick mac/chese

Recipe Source: nslp Recipe Group: ENTREES

Alternate Recipe Name: Number of Portions: 64 Size of Portion: 1 1/2 cup Recipe HACCP Process: #2 Same Day Service

014429 WATER,MUNICIPAL	15 GAL 64 CUP,elbows 18 OZ 2 TBSP 256 OZ	 Add salt to boiling water. Slowly add macaroni until water boils again. Cook uncovered until tender-firm, about 10 minutes. DO NOT OVERCOOK. Drain and rinse in cold water. Melt margarine or butter in a stock pot or steam-jacketed kettle. Add to the melted margarine.
001032 CHEESE,PARMESAN,GRATED	16 OZ 4 LB	5. Heat milk in a stock pot to a simmer. Slowly add maragine and cheeses. Cook until smooth and thickened.
900617 Cheese, cheddar, yellow sharp 903287 chicken diced breast bb greco 204931 903558 sauce- franks buffalo wing	4 LB 4 LB 12 OZ	6. Combine well-drained macaroni and sauce. Mix well. Place 10 lb 14 oz (1 gal 2 ¼ qt) into each steamtable pan (12" x 20" x 2 ½"). For 50 servings, use 2 pans. For 100 servings, use 4 pans. Cover with a lid or foil. Bake: Conventional oven: 350° F for 30 minutes Convection oven: 325° F for 25 minutes CCP: Heat to 140° F or higher. CCP: Hold for hot service at 135° F or higher. Cut each pan 5 x 5 (25 pieces).
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